



# THUNDERBOW

CHURCH OF SEVEN ARROWS' NEWSLETTER

4385 Hoyt Str., Apt. 201; Wheatridge, CO 80033



60¢ Plain

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Number 102

## About THUNDERBOW:

Published monthly (since Nov. '77) as a National forum for Craft-Practitioner idea exchange AND interface between Craft and non-Craft persons having common interests or concerns, **THUNDERBOW** and contributing writers welcome letters from readers.

So.....what's on YOUR mind?

-----The Editors-----

**SORRY** -- About the missed July issue! Summer vacations & confusions!!! Everyone's subscription has been extended a month by way of compensation. Thanks for your patience and understanding.

-- THUNDERBOW --

## Face of the Mother:

1st 1/4	8/12	8:20 pm	MDST	Denver
Full Moon	8/19	12:55 pm	MDST	Denver
3rd 1/4	8/27	2:40 am	MDST	Denver
New Moon	9/04	1:10 am	MDST	Denver
1st 1/4	9/11	1:40 am	MDST	Denver

## Planets & Balances - AUGUST

**MERCURY** (Communications) Retrograde (Backwards) in Cancer (Active Emotions) 'til 8/4; **SATURN** (Teachings/Learnings) Retrograde in Sagittarius (Willful Criticisms/Evaluations) 'til 8/13; **URANUS** (Sudden Changes/"Flashes") Retrograde in Sagittarius (See above) 'til 8/29; **JUPITER** (Wisdom) Retrograde in Pisces (Emotional Criticisms/Evaluations) all month; and **NEPTUNE** (Intuitions/Inspirations) Retrograde in Capricorn (See above) all month.

**MONTH-LONG PROBLEMS WITH DESTRUCTIVE STUBBORNNESS/UNEXPECTED CHANGES ABOUT/IN FIERY CRITICISMS, FALSE "WISDOM" ABOUT EMOTIONAL CRITICISMS, AND FALSE INTUITIONS/"INSPIRATIONS" ABOUT ACTIVE PRACTICALITIES/MATERIALISM; HOWEVER, THE PROBLEMS WITH COMMUNICATIONS RELATIVE ACTIVE EMOTIONS SHOULD CLEAR UP AFTER 8/4, THE PROBLEMS WITH DESTRUCTIVE AGGRESSIVENESS/STUBBORNNESS ABOUT ACTIVE PRACTICALITIES/MATERIALISM CLEARING UP AFTER 8/13, AND THE PROBLEMS WITH MISTEACHINGS/LEARNINGS ABOUT FIERY CRITICISMS CLEARING UP AFTER 8/9.**

**Note:** The Fall "earthquake season" will probably begin about 8/20 and continue through October this year.

**AIR** (Thinking) none 'til 8/8, then low; **FIRE** (Willpower) high-to-very high 'til 8/30; **WATER** (Emotionalism) high 'til 8/14, then average; & **EARTH** (Stability/Practicality) high all month. **CREATIVE** (Planning/Theorizing) low-to-average all month; **ACTIVE** (Doingness) average all month; & **EVALUATIVE** (Retrospect/Criticism) high all month.

**STILL LOTS OF PRESSURES TO "STEAMY" MATERIALISM ADDED TO THE RETROGRADE-PLANET PROBLEMS!**

**Better than July, but Keep your Psycho-Emotional seat-belts buckled, and devote lots of attention to holding onto Rationality & Balanced Perspective!!! (And don't be surprised to see major earthquakes & volcano-eruptions!)**

-- cont'd next col. --

## Face of the Mother - cont'd:

### Planets & Balances - SEPTEMBER

**JUPITER** (Wisdom) Retrograde (Backwards) in Pisces (Emotional Criticisms/Evaluations) all month; **NEPTUNE** (Intuitions/Inspirations) Retrograde in Capricorn (Active Materialism/Practicalities) 'til 9/16, then Direct (Forward).

**ON-GOING PROBLEMS WITH FALSE "WISDOMS" ABOUT EMOTIONAL EVALUATIONS/CRITICISMS; FALSE INTUITIONS/"INSPIRATIONS" ABOUT ACTIVE MATERIALISM/PRACTICALITIES CLEARING UP ABOUT 9/16.**

**AIR** (Thinking) low 'til 9/23, then average; **FIRE** (Willpower) average all month; **WATER** (Emotionalism) high after 9/7; **EARTH** (Stability/Practicality) high 'til 9/23, then average.

**CREATIVE** (Planning/Theorizing) low all month; **ACTIVE** (Doingness) low 'til 9/23, then high; **EVALUATIVE** (Retrospect/Criticism) very high-to-high 'til 9/23, then average.

**PROBLEMS WITH "STEAMY" MATERIALISM AND CRITICALNESS BALANCING OUT AFTER MID-MONTH!**

**Better than August, especially after mid-month, but give attention to keeping Rationality & Balanced Perspective.**

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## HAPPENINGS:

A study of university students reveals that players of video games exhibit physiological stress - and that the players are aware of that response. More interesting is that watchers of video games exhibited the same type of stress, but were not aware of that response. A conclusion is that the games be located in areas where people can choose not to watch.

The scalps of bald men have an excess number of special molecules that catch a key ingredient of testosterone, boosting sex-hormone levels, but disrupting hair growth in nearby follicles. A myth?

Missouri may have the first genetically altered organisms applied to the growing of corn. A bacteria which has been altered by splicing in a gene from a microbe that is a registered insecticide will be applied as a coating to corn seeds. It's hoped that the bacteria will live on the corn roots and kill soil-dwelling insects. The primary reason given is to save the expense of spraying insecticides, and to avoid polluting the soil.



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## LITERATURE CORNER:

### A Winter's Tale:

Jaguar Woman by Lynn V. Andrews (Harper & Row, 1985, ISBN 0-06250029-5) is the third book in a series about a woman realizing her feminine and personal power through the teachings of her shamaness Agnes Whistling Elk. It continues the travels and widely varied experiences of Lynn Andrews.

This book begins with a large monarch butterfly convincing Lynn to make a trip to Canada in mid-winter. There she encounters the wonders and wisdom of the Butterfly Tree and meets Butterfly Woman.

During a blizzard that kept Lynn, Agnes Whistling Elk, Ruby Plenty Chiefs and July confined in Agnes' cabin, Lynn recounted her trip to the Yucatan to meet Zoila Guterrez, an associate of Agnes.

In the ancient Mayan surroundings, Lynn experiences the ceremony of "la ultima madre" and the four hoops of female energy.

The next step in her education are the teachings about Jaguar Woman.

Once again, Lynn has to rise above all of her ingrained ideas of herself and her personal power to become the woman she really is. Jaguar Woman as well as her first two books can be read as lessons or ideas on how everyone can realize the female side of themselves and what a necessary part of healing Mother Earth that it is.

\*\*\*\*\*  
MUSE:

### *City Lights*

Whence shall come our prophets, then,  
When we have dimmed the vivid skies  
And veiled their fiery dreaming dance  
With tawdry lights for timid eyes?

What of our visions when sight is subdued?  
The starry vast expanse of space  
Holds grandeur that can't be confined  
To books; each heart has a place  
That withers and aches without stars,  
That cries for the comfort of velvety night,  
For the deep upon deep upon deep of dark  
Infinity layered with, lavished with, light.  
How can we bear to be robbed of the skies?

--Linda Hillshafer--

\*\*\*\*\*

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## PROJECTS & GATHERINGS:

COVENANT OF THE GODDESS MERRYMEET, Aug. 29th-Sept. 1st, near Denison MI. On the schedule are workshops, music, rituals, and the annual Covenant Of The Goddess meeting. There are cabins available. Registration is \$45.00, \$55.00 at the door. For more information contact: Amber K., P.O.Box 176, Blue Mounds, WI 53517.

PANTHEISTIC FESTIVAL, Sept. 5th-7th, in Hookstown, PA. There are metaphysical and esoteric workshops, along with ritual scheduled. For more information contact: Church Of Universal Forces, P.O.Box 03195, Columbus, OH 43203.

WILD MAGICK GATHERING, Sept. 20th-22nd, in Indiana. Autumn Equinox celebration, ritual, and camping. For more information contact: Elf Lore Family, P.O.Box 1082, Bloomington, IN 47402.

N.W. FALL EQUINOX GATHERING, Sept. 20th-22nd, near Portland, OR. Rituals and workshops are among the events scheduled. For more information contact: N.W. Fall Eq. Gathering, P.O.Box 14015, Portland, OR 97214.

SAMHAIN SEMINAR, Oct. 31st-Nov. 2nd, in Washington, D.C. Workshops and other activities are scheduled. Registration is \$30, \$40 at the door. For more information contact: Church Of Wicca, P.O.Box 1502, New Bern, NC 28560.

\*\*\*\*\*

## PASSING NOTE:

HANDBASTING, primarily the Old English synonym for betrothal, and later a form of temporary marriage at one time common in Scotland, the only ceremony being the verbal pledge of the couple while holding hands (A.S. handfoestnung, "pledging one's hand"). The pair thus handfasted were, in accordance with Scotch law, entitled to live together for a year and a day. If then they so wished, the temporary marriage could be made permanent; if not, they could go their several ways without reproach, the child, if any, being supported by the party who objected to further cohabitation.

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## TRACK OF MAN:

Scientists in Kenya unveiled a fossil called the "black skull", which supports theories that there were more than one species of primitive man 3 million years ago.

\*\*\*\*\*



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## Ask the Old Man:

**Question:** What is likely to be the situation in America late Aug.- early Sept.?

### Hexagram (Answer):

6	-----X	---	---
5	-----	-----	-----
4	---	---	GOING
3	---	---	TO
2	-----X	---	---
1	-----X	---	---

#61 #8  
Inner Truth Holding Together  
(Union)

Late August looks like a time when inner stability, preparedness, and speaking & acting truly & honestly from the heart will be required for successful endeavors, clandestine relationships and mere mouthing of words leading only to disappointments and failures.

BE DEEPLY HONEST WITH YOURSELF AND OTHERS IN BOTH WORD AND DEED; FACADE AND CHARAGE WILL LEAD ONLY TO BAD RESULTS!

Early September looks like a time for forming cooperative group relationships if the central figures are truly suited for leadership, and if the opportunity for community-formation is grasped while there.

A GOOD TIME FOR COMMUNITY-FORMATION AND BONDING -- BUT ONLY WITH TRULY SUITABLE LEADERS AND PERSONAL HONESTY. BEWARE OF "POWER-TRIPPING" IN SELF AND OTHERS!!

\*\*\*\*\*  
CALIFORNIA -- HOW LONG?

At the beginning of this year, Thunderbow estimated 65% probability of major geologic disaster in California in April - May and, if it didn't occur then, 90% for Sept. - Oct.

The recent events in and near the Sierra Nevadas and Bishop and throughout Southern California give no reason for withdrawing the estimate as given.

Remember the "hoo-hoo" in '80-81-'82 about the potential for volcanic eruption in the Mammoth Lakes - Long Valley Caldera? Well--that's where the majority of the activity is either occurring or originating this Summer.

If similar events (earthquake-sequences & earthquake-"swarms") were to occur around Mt. St. Helens or Yellowstone Park, the seismologists & geologists would be talking loudly about imminent major eruption.

The recent quakes have not eased the San Andreas pressures; plus, Southern California appears geologically a bit overdue for at least one Great Quake (8.0+ Richter), the last one having been about 1865.

--Seven Arrows Researches--

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## SHIFTS & CHANGES:

### IRON MOUNTAIN-A Journal of Magical Religion

(edited by Chas Clifton @ \$9/yr-2 issues, or \$16/2 yrs-4 issues) & ARTEMISIA PRESS have moved from Boulder, Colo. to: P.O.Box 227, Florence, CO- 81226.

CALENDAR OF ANNUAL EVENTS, 6-8 issues per year for \$3 by Larry Cornett has a new address: Larry Cornett, 9527 Blake Lane-#102, Fairfax, VA - 22031.

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## STAR STUDIES:

Teams of scientists will soon make a hazardous night journey into the Antarctic winter to study the causes of the annual appearance of a hole the size of the continental U.S. in a layer of the stratosphere above the South Pole.

They will also examine the dramatic drop in the total amount of ozone each spring over Antarctica.

Lyra, the Lyre. Vega, the fifth brightest of all the stars, was the first star to be photographed in 1850. Vega is situated in the small constellation of Lyra, the Lyre. This Lyre was the instrument given to Orpheus by Apollo; Orpheus being the most famous poet and musician in Greek Legend. When his wife Eurydice died, Orpheus was told that he could bring her back from the underworld on the condition that he could not look back at her until she was in the light of the sun. Orpheus led Eurydice out while playing on the Lyre, but when he reached the light of the sun, he looked back and lost her forever; since she had not yet reached the sunlight. Orpheus was inconsolable and the women who tried to win his love were refused. One day a group of women whom he had scorned attacked him; drowning out his music, they tore him apart, and threw his head and Lyre into the Hebrus River. Apollo intervened, and Orpheus' head was placed in a cave, his limbs were buried at the foot of Mount Parnassus, and his Lyre was placed among the stars.

A Colorado State University astronomer says the moon's effect on humans is overstated, and that folklore giving mystical powers to the moon do more harm than good. Two other psychologists have researched 23 studies, corrected statistical errors, and found no valid relationships between the moon and human behavior.

pec News

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## Let's Talk Runes:

Take time to deliberate; but when the time for action arrives, stop thinking and go in. Andrew Jackson

(F) Fehu is a rune of Freyr's eight. This rune is one for possessions, fulfillment, nourishment, and satisfaction. When cast or drawn upright, it not only indicates the possession of personal wealth or power, but also community well-being. One should be mindful not to become overwhelmed by good fortune. Now is a good time to examine whether possessions and riches, or self direction and growth would be best for oneself or the community. This rune could be an indicator of the opportunity to nourish others and/or the world, from which possessions and health originate.

If drawn reversed, this rune could herald a time of frustration, loss, and lessons in the management of possessions and matters of community or personal concern. It might be that losses cannot be avoided. Should reasons for celebration come about, be careful to temper joy with concern for the future and to be on guard against loss due to carelessness or incorrect choices.

(K) Perth is a rune of Hagal's eight. This is a rune of deep changes, surprises, and private or hidden matters. There is encouragement to set aside the past. Don't forget the lessons and memories, yet do not be bound to history. Also avoid being too concerned with possible futures or of possible outcomes. This is a rune of present tense, the here and now sense of time. A good way to view the influences represented by this rune is the challenge of the unknown. Quests and exploration; where one must think, feel, act, and be in the Now. To act without taking too much time and effort to consider actions or outcome.

If this rune be cast or drawn reversed, this is a notice to do away with unproductive or scattered uses of time, resources, and energy. Do not expect too much. Concentrate upon those matters of personal concern. Some people might see obstacles, represented by this rune, as "bad luck". This negative view is unhealthy and counter-productive. Instead, attempt to see the challenge to deal with the difficulties and humiliations as a test. An obstacle course of challenge, if you will. This is a time of testing, be this rune upright or inverted. A time of initiation.

-- cont'd next col. --

## Let's Talk Runes - cont'd:

(P) Laguz is a rune of Tyr's eight. This rune represents our relationship of self with Self. With an emphasis toward the flows of the waters of spirit. The flows of emotions, relationships, and intuition toward proper alignments, organizations, and values of our personal rhythms. When drawn or cast upright, this rune symbolizes the experience of immersion of ourselves in the ebb and flow of Life; without the need to understand or evaluate. To merge our self with our Self. To attain a harmony, a marriage if you will, so as to further growth and self transformation.

If this rune be cast or drawn reversed, it represents a failure to pay attention to your instinct or intuition. It is an indication of overreaching one's present capability or strength. It might advise one to avoid excessive effort to attain a goal, or to pay more attention to "gut hunches". Look for answers and guidance from within, so as to bring your self into more of a balance with your Self. To know better your Warrior Nature.

One method of "reading" runes is a way of laying out a three rune spread. This method has been used for over 2,000 years and is fairly simple. The three rune spread can be quite informative. While drawing Odin's Rune is useful in those situations where time is short, and the Runic Cross provides lots of information. The spread of three runes can be useful for approaching an issue from a couple of different directions, without the time or space needed for more complex layouts.

The two basic ways of interpreting this layout are similar, yet they allow a person to approach an issue from either the cause of the problem or the person involved. Decide what your need for information is, and decide upon the way in which you want to approach the issue. The spread should not be read for either approach on the same layout. This is because of the differences between the person involved, and the nature of the challenge (or problem).

One method would be as follows. Focus upon the person in question. If reading for yourself, then focus upon the situation. Sha-

-- cont'd next page --

**CONTACT THE UNDERGROUND**

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## Let's Talk Runes - cont'd:

right to left, the runes *Othila* (inverted), *Berkana* (inverted), and *Hagalaz*. *Othila*, the rune of retreat, might indicate a current situation of action and awareness. *Berkana*, the rune of growth, might indicate that examination and diligence are required. Yet one would be advised to bide their time, to be sure that this action is done properly. *Hagalaz*, the rune of disruption, might indicate that the new situation would be a time of difficulty. Yet it could be a time of learning as well. This person might be encouraged to understand this situation is needed for learning and growth. An opportunity to discover what one's talents really are.

A second way to interpret the three rune spread would be as follows. Either shake or stir the bag of runes, while you focus upon the problem or challenge. Draw three runes, one at a time. Lay them side by side, from right to left. Consider the runes from right to left. The right side rune would be the current situation. The middle rune would be the nature of the problem or challenge. The left side rune would be the best outcome, after you have dealt with the problem or challenge.

For example, from right to left, the runes *Eihwaz* (upright), *Fehu* (upright), and *Gebo*. *Eihwaz*, the rune of defense, would indicate that your affairs are in order and that you have been able to react against influences which would destabilize your situation in a proper manner. *Fehu*, the rune of possessions, could represent a challenge to, or about, either your possessions or to the well-being of household. *Gebo*, the rune of partnership or contract, could represent a condition of investment or a partnership which might contribute to the state of the household. The influences shown are positive. This person is advised of their responsibility to uphold the bargain, so as to maintain the current state of affairs, to a profitable end.

Here it must be stressed that a single spread should not be read for both ways of approaching the issue at hand, because the runes would be different, due to the differences of approach. Always re-draw the spread for each approach to the issue at hand. Shake or stir the bag of runes. Draw three runes, one at a time. Lay them side by side, from right to left, runside up. Consider the runes from right to left.

The right side rune would be the current situation of the person. The middle rune would be action to be taken. The left side rune would be the new situation. For example, from

MF Shadoweaver

## CONTEMPLATION:

How carefully that word chosen!  
The word that allows "yes",  
The word that makes "no" possible  
The word that puts free in freedom  
And takes the obligation out of love  
The word that throws a window open  
After the final door is closed.  
The word upon which all adventure,  
All exhilaration, all meaning,  
All honor depends.  
That word that fires evolution  
Motor of mud.  
The word the cocoon whispers  
To the caterpillar  
The word the molecules recite  
Before bonding.  
The word that separates that which is dead  
From that which is living.  
The word no mirror can turn around  
In the beginning was the word  
And the word was:

### CHOICE

"Still Life With Woodpecker"

-- Tom Robbins --

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## HEALTH OF MIND & BODY:

The U.S. Department of Agriculture (USDA) rejected a petition of the Center for Science in the Public Interest. The petition, as proposed by the Washington D.C.-based consumer group, called for the labeling of ingredients on fast food wrappers and containers. The Food and Drug Administration will rule on a similar petition later this year.

The objection raised by the USDA was that ingredient labeling of fast foods would be impractical. There could be different combinations of food components in any container.

Mitch Zeller, staff attorney for the Center for Science in the Public Interest, disagreed. He stated that labeling of fast foods would be similar to labeling of frozen foods. In instances where customers ordered specific condiments, those condiments could be circled on the label.

\*\*\*\*\*

## STAR STUDIES:

Water in charged or ionized form has been found as part of several comets, including Halley's. This would support a theory that comets are very fast and dirty snowballs.




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## Voice of the Turtle:

### The Old And The New

And still the controversy surrounding "orthodoxy", "traditionalism", and "innovationism" rages, hopefully to the general betterment of all our practices.

For those who are insistent that only "orthodox" (whatever *THAT* means!) practitioners are truly of the Craft, I would comment that every practice currently in use was at some past time or another considered to be "innovationist" or "unorthodox".

To those who insist that "traditional" (for how long is "traditional"?) practices are the only valid ways of Craft practice, I would observe that all practices currently labelled as "traditional" have been, in other times and climes, called "innovationist" or "unorthodox".

NOW -- for those who seem bent on "innovation" in all "traditional" and "orthodox" practices, I would point out that current "orthodox" and "traditional" practices are a summation of thousands of years of experiments, of successes and failures, in Man's attempt to progress in the sciences of magic and religion.

Speaking as a shaman, I must partially agree with the viewpoints of all three of the above-mentioned "schools of thought".

On the one hand, we must surely preserve and utilize those magical and religious practices and knowledges that have proven effective and beneficially productive throughout the span of history.

On the other hand, those practices that have been effective and beneficial in only some times and cultures require constant re-examination and further innovation toward the goal of making them eventually effective and beneficial across time and culture spans.

HOWEVER, PROPER AND BENEFICIAL INNOVATION IS SAFELY ACCOMPLISHED ONLY WHEN DONE FROM A BASE OF THOROUGH UNDERSTANDING OF BASIC MAGICAL AND RELIGIOUS PRINCIPLES!

(Basic operative mechanics!)

-- Kahote --

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## AMERICAN LACUNGA:

### The Big One

The largest roach in Dallas, TX is recorded as being 1.92" long. It was worth \$1,000 to three employees of Southwestern Bell, in Dallas.

Bizzy Bees Pest Control Co. had sponsored the contest, to find the largest roach in Dallas. The contest drew 205 entries and both dead and live roaches were allowed to be a part of the judging. The winner was an American roach, better known as a waterbug. Unlike the smaller, brown, German roach; the American roach is usually found outdoors.

The roach, from Dallas, was slated to appear on the *TONIGHT SHOW* and then to go to the Smithsonian Institute in Washington, D.C.

*Note from the editors: Unfortunately, this roach is no longer among the living.*

Fresh, raw garlic produces a chemical called allicin, which inhibits a wide range of bacteria, fungi and yeast - including those that cause vaginitis. Dehydrated garlic powder, pills, oils, or extracts have not yielded this chemical in laboratory tests, so it appears that the fresh stuff is the best.

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## SEVEN ARROWS' DOINGS:

1. The June rummage-sale worked moderately well for a first experience at doing such.
2. The new Basics of Shamanism and Intermediate Shamanism groups got underway in good order, and the Monday-eve. and Wednesday-eve. Basic Magic groups got their hard-earned Certificates.
3. As we begin our 12th year, a new and enlarged Board of Directors (5 Regular + 2 Alternates) will take office this month.
4. The new Basic Magic study-series being taught by Danny begins mid-month and is "booked full" (whereof no prior notice of its advent).
5. George's 7/20 Sermon on "Man's Place on Earth - A Shaman's View" at the First Universalist Church was quite well received. (Communicating "Right-Brain Understandings" to "Left-Brain Folks" is an interesting experience!)

## KEEP IT TIGHT AND DO IT RIGHT!!!

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## THUNDERBOW

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